

INTERNATIONAL YOGA DAY AT SHAIKH COLLEGE OF EDUCATION

Shaikh College of Education organized International Yoga Day on 21st June 2025 in the guidance of Principal Dr. I. P. Sutar and all the students of B.Ed I & II year students participated in this event.

Mr. Pramod Patil director, explain the importance yoga in day today life and performed the yoga in front of students and later each students presented three asana and Surya Namaskar.

In the presidential speech Principal Dr I P Sutar spoke about the importance of yoga in everyone's life and shared her own experience about how it is helping in keeping her healthy. She also suggested all to practice yoga everyday and take its benefits.

Dr. Indira Sutar, Mr. M.A.Faniband. Usha D.B, Pramod Patil, Mubeena Kazi, Dr. Nirmala Teli, U.S.Badeghar and Rukaya Kurankop were presented in this event.

The function concluded with the inspirational learning experience. The function was organized by R & C by Usha D B and Pramod Patil.

